Charlevoix County

Community Resource Guide



Resources assembled by:



2023

Available at http://www.mclaren.org/mclaren-physician-partners/resources.aspx

2023

Charlevoix County Community Resource Guide

[A guide to services in your community]

[TABLE OF CONTENTS]

Abuse & Protective Services	[1]
Adult Aging Services	[1-2]
Disability & Special Needs Resources	[2]
Emergency & Disaster Services	[2]
Financial Assistance	[2]
Food Pantries, Clothing & Household Assistance	[2-3]
Healthcare Services	[3-5]
Housing Assistance	[5]
Legal Assistance	[5]
Libraries	[5]
Parenting & Pregnancy Resources	[6]
Support Groups	[6]
Transportation	[6]
Tribal Services	[6]
Veterans Affairs	[7]



ABUSE	&	PRO	TECTI	VE	SER\	/ICES
--------------	---	------------	--------------	----	------	-------

ADOJE & I NOTECTIVE 3	LIVICLS
FOR EMERGENCY SERVICES	911
CALL	
Children & Adult Protective	(855) 444-3911
Services	
Common Ground Crisis Line	(800) 231-1127
Crisis Hotline	Text: HOME to
https://13reasonswhy.info	741741
Department of Health and	(231) 348-1600
Human Services	
Equality Michigan	(313) 537-7000
HAVEN Crisis Line	(877) 922-1274
LGBT Hotline	(888) 243-7243
Love is respect Hotline	(866) 331-9474
Michigan Coalition to End	(517) 347-7000
Domestic & Sexual Violence	
Narcotics Anonymous 24/7	(800) 230-4085
National Child Abuse	(800) 422-4453
Hotline	
National Domestic & Sexual	(800) 799-7233
Violence Helpline	
National Human Trafficking	(888) 373-7888
Resource Center	
RAINN (Rape & Incest	(800) 656-4673
National Network)	
Safe Center Crisis Hotline	(877) 952-7283
24/7	
Stop It Now! Hotline	(888) 773-8368

Suicide Hotline	9-8-8
The Trevor Project (Youth	(866) 488-7386
LGBTQ Crisis & Suicide	
Hotline)	
Third Level Crisis Line	(800) 442-7315
Women's Resource Center	(231) 347-0067
of Northern Michigan	
Victim Connect (Stalking	(855) 484 2846
Hotline)	

ADULT AGING SERVICES

Alzheimer's Association & Helpline	(800) 272-3900
Area Agency on Aging of Northwest Michigan	(800) 442-1713
Autumn Joy	(855) 233-7205
Autumnvue CLF	(231) 536-2455
Bay Springs	(231) 582-0631
Beaver Island Community Center	(231) 448-2022
Boyne Area Senior Center	(231) 582-6682
Candlewood Home	(231) 535-2442
Charlevoix County Adult Day	(231) 237-0103
Services	(===) ==: ====
Charlevoix County Commission	(231) 237-0103
on Aging	(===) ==: ====
Charlevoix Senior Citizens Center	(231) 547-5361
Crisis Services for the Elderly	(517) 483-7205
Dial- in Support Group	(231) 547-4024
Disability Network of Northern	(231) 922-0903
Michigan	(201) 322 0300
East Jordan Senior Center	(231) 536-7831
Erber AFC	(231) 549-2624
Friendship Center- Counsel on	(231) 347-3211
Aging	(231) 317 3211
HAP Senior Plus	(800) 868-3153
Health Department of Northwest	(800) 432-4121
Michigan	(000) 132 1121
McLaren Adult Day Care Center	(231) 348-0771
McLaren Home Care	(866) 323-5974
Meals on Wheels	(800) 632-7334
Medicare	(800) 633-4227
Medicare/Medicaid Assistance	(800) 803-7174
Program MMAP	(550) 555 7174
Social Security Administration	(800) 772-1213
Springridge Home	(231) 582-6921
Springridge Home	(231) 302 0321

The Living Room Adult Day	(231) 487-5300	United Cerebral Palsy of MI	(800) 872-5827
Services	,	Vocational Rehabilitation	(800) 605-6722
Veterans Affairs-Charlevoix	(231) 547-7220	Michigan Commission for the	
County		Deaf	
Visiting Angels Living Assistance	(800) 365-4189		
Services		EMERGENCY & DISASTE	R SERVICES
Winterlake CLF	(231) 582-3611		
Assisted Livin	g	Ambulance, Fire and Police	911
		American Red Cross	(800) 733-2767
American House Senior Living	(231) 753-3120	American Red Cross of Northern	(231) 947-7286
The Brook of Boyne City	(231) 582-4300	Michigan	
Valley Assisted Living	(231) 549-2026	Office of Emergency	(231) 776-1008
		Management	
DISABILITY & SPECIA	AL NEEDS	Poison Control	(800) 222-1222
RESOURCES		Salvation Army	(231) 347-3531
	-		
Autism Society	(800) 328-8476	FINANCIAL ASSIST	<u>ANCE</u>
Children's Special Healthcare	(800) 359-3722		
Services		Department of Human Services	(231) 348-1600
Department of Health & Human	(231) 348-1600	MSHDA	(855) 646-7432
Services		NW Michigan Community Action	(800) 632-7334
Disability Network of MI	(800) 782-4160	Agency	(224) 247 2524
www.dnmichigan.org/cil-		Salvation Army	(231) 347-3531
directory		EMPLOYMENT ASSIS	TANCE
Disability Network/Northern	(231) 922-0903	Michigan Indian Employment and	(800) 591-8820
Michigan	(004) 000 0000	Training Services	(800) 331 8820
Employment Services	(231) 922-0903	Northwest Michigan Works	(231) 347-5150
GiGi's Playhouse (Downs	(847) 885-6149	Traverse City Michigan Works	(800) 442-1074
Syndrome Resources)	(000) 002 7174	Unemployment Office Hotline	(866) 500-0017
Medicare/Medicaid Assistance Program	(800) 803-7174	, ,	,
Michigan Commission for the	(800) 292-4200		
Blind	(800) 232-4200	FOOD PANTRIES, CLO	THING &
Michigan Commission for the	(877) 499-6232	·	
Deaf	(077) 133 0232	HOUSEHOLD ASSIS	<u>TANCE</u>
Michigan Department of	(888) 320-8384		
Education-Office of Special	(,	American Red Cross	(800) 733-2767
Education-Lansing, MI		Area on Aging	(800) 858-1637
Muscular Dystrophy Association	(800) 572-1717	Bible Baptist Church	(231) 547-4300
Paralyzed Veterans of America	(800) 424-8200	Boyne Valley Food Pantry	(231) 549-2850
Relay Center for Deaf/Hard of	7-1-1	Christ Lutheran Church	(231) 582-9301
Hearing		Care & Share	(231) 536-7423
Social Security Administration	(800) 772-1213	Charlevoix Community Food	(231) 237-9490
The Family Center for Children	(800) 359-3722	Pantry Control Control	(224) 502 6454
and Youth with Healthcare Needs	i	Community Service Center –	(231) 582-0151
		Boyne City	

Food Back Council of Michigan (Pantries)		Munson Healthcare Charlevoix	(231) 547-2812
www.fbmich.org/resources/		Surgeons	(2.2.)
Good Neighbors Food Pantry	(231) 497-8677	Munson Healthcare Charlevoix	(231) 547-4477
Jordan Rivers Church	(231) 649-4312	Women's Health	
Lighthouse Lunch United	(231) 547-2654	Munson Medical Center	(231) 935-5000
Methodist Church		Petoskey ENT Specialists	(231) 487-3277
Meals on Wheels	(800) 632-7334	Dental Resource	<u>!S</u>
Safe Haven Breakfast Club at	(231) 547-9482		
Community Reformed Church		Boyne Area Free Clinic	(231) 582-4605
WIC	(800) 942-1636	Dental Clinics North-My	(231) 536-3000
		Community Dental Center	
	250	Dental Lifeline Network (low	(303) 534-5360
HEALTHCARE SERVICE	<u>LES</u>	income; severe problems only)	
		East Jordan Family Health Center	(231) 536-2206
McLaren Home Care & Hospice	(800) 342-7711	Michigan Department of Health	(231) 348-1600
Centers for Disease Control	(800) 232-4636	& Human Services	
Children's Special Healthcare	(800) 359-3722	Michigan Donated Dental	(517) 346-9454
Services		Services Program	
Health Department of Northwest	(800) 432-4121	Hearing Assistan	ce
Michigan			<u> </u>
Munson Home Health	(800) 252-2065	Boyne Area Free Clinic	(231) 582-4605
Veteran Affairs	(844) 698-2311	Health Department of Northwest	(800) 432-4121
		Michigan	(000) 101
Clinics & Hospita	ı <u>ls</u>	Michigan Department of Health	(231) 348-1600
	(000) 040 5777	& Human Services	(===, 0 :0 ====
McLaren Northern Michigan	(800) 248-6777	Michigan School for the Deaf	(810) 257-1400
Hospital		Relay Center for Deaf/Hard of	7-1-1
McLaren Home Care	(866) 323-5974	Hearing	, 1 1
Karmanos Cancer Institute	(800) 527-6266	_	an Closats
Bay Street Orthopedics	(231) 547-7546	Medical Equipment & Lo	all Closets
Beaver Island Rural Health	(231) 448-2275	ABC Medical Equipment	(866) 897-8588
Center		Adaptive Environments – Home	(800) 355-5438
Boyne Area Free Clinic	(231) 582-4605	•	(800) 555-5458
East Jordan Family Health Center	(231) 536-2206	lifting systems	(800) 882-5764
Michigan HIV/STD Hotline	(800) 872-2437	ALS of Michigan	` '
Munson Healthcare Boyne Area	(231) 582-5314	Charlevoix Senior Citizens Center	(231) 547-5361
Health Center		Friendship Centers of Emmet	(231) 347-3211
Munson Healthcare Charlevoix	(231) 547-4024	County	(0.47) 005 64.40
Hospital: Emergency Room		GIGI's Playhouse	(847) 885-6149
Munson Healthcare Charlevoix	(231) 547-6519	Lincare Inc	(231) 237-6000
Physician's Clinic		Hart Home Medical Equipment	(231) 753-7200
Munson Healthcare Charlevoix	(231) 547-1308	Michigan Assistive Technology	(800) 827-4843
Primary Care – Dr. Newcomb		Loan Fund	
Munson Healthcare Charlevoix	(231) 547-6554	Michigan CPAP, BiPAP, ASV,	(734) 232-3964
Primary Care		AVAPS & Supplies	
Munson Healthcare Charlevoix	(231) 547-8905	Muscular Dystrophy Association	(800) 572-1717
Sleep Center	•	One-Drop Diabetes Support &	(800) 437-1474
1			

Supplies		Pharmacies & Prescription	Assistance
Paralyzed Veterans of America MI	(800) 424-8200		
The Loan Closet – Boyne	(231) 582-9555	Central Drug Store	(231) 547-2424
The National Federation of the	(410) 659-9314	East Jordan Family Health Center	(231) 536-2206
Blind	, ,	Family Fare-Boyne City	(231) 582-2101
United Cerebral Palsy Michigan	(800) 872-5827	LifeSource Direct Rx	(866) 340-4748
Mental Health & Counseli	ng Services	Discount Card-	` '
	<u></u>	Uninsured/underinsured	
Access Alliance	(800) 448-5498	MiRx Discount Card	(866) 755-6479
Alano Serenity House –	(231) 675-9184	MMAP	(800) 803-7174
Alcoholism Tx	,	NeedyMeds	(800) 503-6897
www.charlevoixalano.org		Partnership for Prescription	www.pparx.org
Alzheimer's Association	(231) 929-3804	Assistance	
Boys Town National Hotline	(800) 448-3000	Rite Aid - Charlevoix	(231) 547-4001
Catholic Human Services	(231) 947-8110	Rite Aid – East Jordan	(231) 536-0901
Common Ground Crisis Line	(800) 231-1127	RX Outreach	(800) 769-3880
East Jordan Family Health Center	(231) 536-2206		www.rxassist.org
Jordan River Counseling Services	(231) 459-5606	Walgreens Pharmacy	(231) 547-1356
www.militaryonesourcemil	(- ,	Rehabilitation	(2 , 2
Military One Source	(800) 342-9647	<u>Iterrabilitation</u>	
Munson Healthcare Charlevoix	(231) 547-8860	Charlevoix Hospital Rehab	(231) 547-8630
Behavioral Health	(===, = ====	Mi Rehab Service	(877) 901-7398
Narcotics Anonymous 24/7	(800) 230-4085	Munson Healthcare Boyne Rehab	(231) 582-6365
National Alliance on Mental	(800) 950-6264	Center	(===, =================================
Illness	(,	Munson Healthcare Jordan Valley	(231) 536-1451
National Council on Alcoholism	(800) 622-2255	Rehab Center	(- ,
and Drug Dependence (NCADD)	,	Rehab Institute of MI	(313) 745-1203
National Domestic & Sexual	(800) 799-7233	Substance Abuse	, ,
Violence Helpline	,	<u> </u>	-
National Human Trafficking	(888) 373-7888	Alcoholics Anonymous	(231) 348-5005
Resource Center	, ,	District 13	` ,
North Country Community	(800) 834-3393	Bay Area Substance	(231) 547-1144
Mental Health	, ,	Education Services	` ,
Problem Gambling Help-Line	(800) 270-7117	Bases Recovery Center	(231) 547-1144
Pyramid of Hope Counseling, LLC	(231) 881-5001	CDC Hotline	(800) 232-4636
RAINN (Rape & Incest National	(800) 656-4673	Catholic Human Services	(231) 237-0048
Network)	, ,	Narcotics Anonymous	(800) 232-4636
Rambler Wellness Program	(231) 439-8253	(NA) Hotline	` ,
SEMCA	(800) 686-6543	National Council on	(800) 622-2255
Stop It Now! Hotline	(888) 773-8368	Alcoholism and Drug	, ,
Substance Abuse Hotline	(800) 662-4357	Dependence (NCADD)	
Suicide Prevention Hotline	988	North Country	(800) 834-3393
Third Level Services	(231) 922-4800	Community Mental	. ,
Women's Resource Center of	(231) 347-0067	Health	
Northern Michigan		Safe Harbor Adolescent sharp@c	harlevoixcountry.org
		Recovery Center – East	
		•	

Jordan Substance Abuse	(800) 662-4357	Emergency Shelters & War	ming Centers
Hotline	(000) 002 4337	Homeless Prevention-NMCAA	(844) 900-0500
Urgent Care		Joppa House	(231) 330-2643
Charlevoix Urgent Care –	(231) 547-4024	Nehemiah Project - Petoskey	(231) 347-0363
	(231) 347-4024	Night Light Men's Shelter &	(231) 330-5316
Munson		Ken's number	(231) 675-5347
Petoskey Urgent Care PC	(231) 487-2000		, ,
Quick Care Walk-In Med. Center	(231) 582-1515	LEGAL ASSISTA	NCE
Up North Medical Center	(989) 732-3284		<u></u>
Vision Assistance	е	Center for Civil Justice	(800) 724-7441
		Legal Aid Legal Service &	(800) 347-5297
Boyne Area Free Clinic	(231) 582-4605	Legal Hotline for Michigan	
Health Department of	(800) 432-4121	Seniors	
Northwest Michigan		Legal Services of Eastern	(800) 322-4512
Michigan Commission for the	(800) 292-4200	Michigan	
Blind		Legal Services of Northern MI	(231) 941-0771
National Eye Institute	(301) 496-5248	Michigan Department of Civil	(517) 335-3165
Sight for Students Program	(888) 290-4964	Rights	
		Michigan Indian Legal Services	(231) 947-0122
HOUSING ASSISTA	ANCE	Michigan Senior Legal Hotline	(866) 400-9164
		Military One Source	(800) 342-9647
Action Agency	(800) 443-5518	www.militaryonesource.mil	
American Red Cross	(800) 733-2767	Social Security Administration	(800) 772-1213
Area on Aging	(800) 858-1637	Veterans TOLL Free Numbers	(800) 698-2411
Boyne City Housing	(231) 582-6203		(000)
Commission		Women's Resource Center	(800) 554-4972
Charlevoix Housing	(231) 547-5451	Women's Resource Center of	(231) 347-0067
Commission		Northern Michigan	
East Jordan Housing	(231) 536-2051	<u>LIBRARIES</u>	
Commission	(000) 000 0400		(001) 110 0-01
Heat and Warmth Fund	(800) 866-8429	Beaver Island District Library	(231) 448-2701
Highland Terrace Apartments	(231) 536-3467	Boyne District Library	(231) 582-7861
HUD Rental Assistance	(800) 569-4287	Boyne Falls Branch Library	(231) 549-2277
Lake Harbor Apartments	(231) 547-5202	Charlevoix Public Library	(231) 547-2651
Michigan Department of Health & Human Services	(231) 348-1600	Crooked Tree District Library	(231) 535-2111
MSHDA	(055) 646 7422	Jordan Valley District Library	(231) 536-7131
Northwest Michigan	(855) 646-7432 (231) 347-9070		
Community Action Agency	(231) 347-3070		
Pine Cove & Charlevoix	(231) 547-5202	PARENTING/PREGNANCY	' RESOURCES
Apartments	(231) 347 3202		
Salvation Army	(231) 347-3531	24-Hour Crisis Line	(800) 275-1995
The Heat and Warmth Fund	(800) 866-8429	Charlevoix Friend of the Court	(231) 547-7205
USDA Rural Development	(517) 324-5190	Child Safety Seat Inspection	(866)SeatCheck
Veterans TOLL Free Numbers	(800) 698-2411	Children's Special Healthcare	(800) 359-3722
	(555) 555 2 122		

Services		Problem Gambling Help Line	(800) 270-7117
LA LECHE	(800) 525-3243	RAINN (Rape & Incest National	(800) 656-4673
McLaren Northern Michigan-	(800) 248-6777	Network)	
Breastfeeding Education		SEMCA	(800) 686-6543
McLaren Northern Michigan-	(231) 487-4762	Stop It Now! Hotline	(888) 773-8368
Childbirth Education		Substance Abuse Hotline	(800) 662-4357
Michigan Alliance for Families		Suicide Prevention	988
www.michiganallianceforfamilies.org/maf-		WIC	(800) 942-1636
offices/	(000) 550 4004	Women's Health Resource Line	(800) 994-9662
Michigan Alliance for Families	(800) 552-4821		, ,
Military One Source	(800) 342-9647		
www.militaryonesource.mil	(224) 247 4620	TRANSPORTAT	ION
Mother to Mother Breastfeeding	(231) 347-4630		
Peer Support Program	(224) 547 0066	American Cancer Society	(800) 227-2345
Munson Healthcare Charlevoix	(231) 547-8866	Area on Aging	(800) 858-1637
The Family Center for Children	(800) 359-3722	Around the Clock Taxi	(231) 881-5491
and Youth with Special Health	(517) 241-7630	Auto Safety Hotline	(888) 327-4236
Care Needs	(000) 040 4606	Beaver Island Ferry Transit	(231) 547-2311
WIC	(800) 942-1636	Charlevoix County Transit	(231) 582-6900
Women's Health Resource Line	(800) 994-9662	Child Safety Seat Inspection	(866) Seat-Check
		Harbor Care Associates	(231) 439-9222
SUPPORT GROUPS		Wheelchair Transport-	` '
		Petoskey	
ALS of Michigan	(800) 882-5764	Karmano's Cancer Institute	(800) 527-6266
Alzheimer's Association and	(800) 272-3900		` '
Alzheimer's Association and Helpline	(800) 272-3900	TRIBAI SERVIO	,
	(800) 272-3900 (800) 858-1637	TRIBAL SERVIC	,
Helpline	•		CES
Helpline Area on Aging Autism Society Common Ground Crisis Line	(800) 858-1637 (800) 328-8476 (800) 231-1127	MDHHS Native American Affairs	,
Helpline Area on Aging Autism Society	(800) 858-1637 (800) 328-8476	MDHHS Native American Affairs Office	CES (517) 335-7782
Helpline Area on Aging Autism Society Common Ground Crisis Line	(800) 858-1637 (800) 328-8476 (800) 231-1127	MDHHS Native American Affairs Office Michigan Department of Civil	CES
Helpline Area on Aging Autism Society Common Ground Crisis Line Disability Network of MI	(800) 858-1637 (800) 328-8476 (800) 231-1127	MDHHS Native American Affairs Office Michigan Department of Civil Rights	(517) 335-7782 (517) 335-3165
Helpline Area on Aging Autism Society Common Ground Crisis Line Disability Network of MI www.dnmichigan.org/cil-	(800) 858-1637 (800) 328-8476 (800) 231-1127	MDHHS Native American Affairs Office Michigan Department of Civil Rights Michigan Indian Employment	CES (517) 335-7782
Helpline Area on Aging Autism Society Common Ground Crisis Line Disability Network of MI www.dnmichigan.org/cil- directory	(800) 858-1637 (800) 328-8476 (800) 231-1127 (800) 782-4160	MDHHS Native American Affairs Office Michigan Department of Civil Rights Michigan Indian Employment and Training Services	(517) 335-7782 (517) 335-3165 (800) 591-8820
Helpline Area on Aging Autism Society Common Ground Crisis Line Disability Network of MI www.dnmichigan.org/cil- directory Epilepsy Foundation of Michigan Equality Michigan	(800) 858-1637 (800) 328-8476 (800) 231-1127 (800) 782-4160	MDHHS Native American Affairs Office Michigan Department of Civil Rights Michigan Indian Employment and Training Services Michigan Indian Legal Services	(517) 335-7782 (517) 335-3165 (800) 591-8820 (231) 947-0122
Helpline Area on Aging Autism Society Common Ground Crisis Line Disability Network of MI www.dnmichigan.org/cil- directory Epilepsy Foundation of Michigan	(800) 858-1637 (800) 328-8476 (800) 231-1127 (800) 782-4160	MDHHS Native American Affairs Office Michigan Department of Civil Rights Michigan Indian Employment and Training Services Michigan Indian Legal Services Michigan Indian Tuition Wavier	(517) 335-7782 (517) 335-3165 (800) 591-8820 (231) 947-0122 (517) 241-7748
Helpline Area on Aging Autism Society Common Ground Crisis Line Disability Network of MI www.dnmichigan.org/cil- directory Epilepsy Foundation of Michigan Equality Michigan	(800) 858-1637 (800) 328-8476 (800) 231-1127 (800) 782-4160 (800) 377-6226 (313) 537-7000	MDHHS Native American Affairs Office Michigan Department of Civil Rights Michigan Indian Employment and Training Services Michigan Indian Legal Services Michigan Indian Tuition Wavier The Grand Traverse Band of	(517) 335-7782 (517) 335-3165 (800) 591-8820 (231) 947-0122
Helpline Area on Aging Autism Society Common Ground Crisis Line Disability Network of MI www.dnmichigan.org/cil- directory Epilepsy Foundation of Michigan Equality Michigan Haven Crisis Line	(800) 858-1637 (800) 328-8476 (800) 231-1127 (800) 782-4160 (800) 377-6226 (313) 537-7000 (877) 922-1274	MDHHS Native American Affairs Office Michigan Department of Civil Rights Michigan Indian Employment and Training Services Michigan Indian Legal Services Michigan Indian Tuition Wavier The Grand Traverse Band of Michigan Ottawa & Chippewa	(517) 335-7782 (517) 335-3165 (800) 591-8820 (231) 947-0122 (517) 241-7748
Helpline Area on Aging Autism Society Common Ground Crisis Line Disability Network of MI www.dnmichigan.org/cil- directory Epilepsy Foundation of Michigan Equality Michigan Haven Crisis Line LGBT Hotline	(800) 858-1637 (800) 328-8476 (800) 231-1127 (800) 782-4160 (800) 377-6226 (313) 537-7000 (877) 922-1274 (888) 243-7243	MDHHS Native American Affairs Office Michigan Department of Civil Rights Michigan Indian Employment and Training Services Michigan Indian Legal Services Michigan Indian Tuition Wavier The Grand Traverse Band of Michigan Ottawa & Chippewa Indians	(517) 335-7782 (517) 335-3165 (800) 591-8820 (231) 947-0122 (517) 241-7748 (231) 534-7750
Helpline Area on Aging Autism Society Common Ground Crisis Line Disability Network of MI www.dnmichigan.org/cil- directory Epilepsy Foundation of Michigan Equality Michigan Haven Crisis Line LGBT Hotline Love is Respect Hotline	(800) 858-1637 (800) 328-8476 (800) 231-1127 (800) 782-4160 (800) 377-6226 (313) 537-7000 (877) 922-1274 (888) 243-7243 (866) 331-9474	MDHHS Native American Affairs Office Michigan Department of Civil Rights Michigan Indian Employment and Training Services Michigan Indian Legal Services Michigan Indian Tuition Wavier The Grand Traverse Band of Michigan Ottawa & Chippewa	(517) 335-7782 (517) 335-3165 (800) 591-8820 (231) 947-0122 (517) 241-7748
Helpline Area on Aging Autism Society Common Ground Crisis Line Disability Network of MI www.dnmichigan.org/cil- directory Epilepsy Foundation of Michigan Equality Michigan Haven Crisis Line LGBT Hotline Love is Respect Hotline Narcotics Anonymous 24/7	(800) 858-1637 (800) 328-8476 (800) 231-1127 (800) 782-4160 (800) 377-6226 (313) 537-7000 (877) 922-1274 (888) 243-7243 (866) 331-9474 (800) 230-4085	MDHHS Native American Affairs Office Michigan Department of Civil Rights Michigan Indian Employment and Training Services Michigan Indian Legal Services Michigan Indian Tuition Wavier The Grand Traverse Band of Michigan Ottawa & Chippewa Indians U.S. Office of Indian Education	(517) 335-7782 (517) 335-3165 (800) 591-8820 (231) 947-0122 (517) 241-7748 (231) 534-7750 (202) 260-3774
Helpline Area on Aging Autism Society Common Ground Crisis Line Disability Network of MI www.dnmichigan.org/cil- directory Epilepsy Foundation of Michigan Equality Michigan Haven Crisis Line LGBT Hotline Love is Respect Hotline Narcotics Anonymous 24/7 National Council on Alcoholism and Drug Dependence (NCADD) National Domestic & Sexual	(800) 858-1637 (800) 328-8476 (800) 231-1127 (800) 782-4160 (800) 377-6226 (313) 537-7000 (877) 922-1274 (888) 243-7243 (866) 331-9474 (800) 230-4085	MDHHS Native American Affairs Office Michigan Department of Civil Rights Michigan Indian Employment and Training Services Michigan Indian Legal Services Michigan Indian Tuition Wavier The Grand Traverse Band of Michigan Ottawa & Chippewa Indians	(517) 335-7782 (517) 335-3165 (800) 591-8820 (231) 947-0122 (517) 241-7748 (231) 534-7750 (202) 260-3774
Helpline Area on Aging Autism Society Common Ground Crisis Line Disability Network of MI www.dnmichigan.org/cil- directory Epilepsy Foundation of Michigan Equality Michigan Haven Crisis Line LGBT Hotline Love is Respect Hotline Narcotics Anonymous 24/7 National Council on Alcoholism and Drug Dependence (NCADD) National Domestic & Sexual Violence Helpline	(800) 858-1637 (800) 328-8476 (800) 231-1127 (800) 782-4160 (800) 377-6226 (313) 537-7000 (877) 922-1274 (888) 243-7243 (866) 331-9474 (800) 230-4085 (800) 622-2255	MDHHS Native American Affairs Office Michigan Department of Civil Rights Michigan Indian Employment and Training Services Michigan Indian Legal Services Michigan Indian Tuition Wavier The Grand Traverse Band of Michigan Ottawa & Chippewa Indians U.S. Office of Indian Education	(517) 335-7782 (517) 335-3165 (800) 591-8820 (231) 947-0122 (517) 241-7748 (231) 534-7750 (202) 260-3774 AIRS
Helpline Area on Aging Autism Society Common Ground Crisis Line Disability Network of MI www.dnmichigan.org/cil- directory Epilepsy Foundation of Michigan Equality Michigan Haven Crisis Line LGBT Hotline Love is Respect Hotline Narcotics Anonymous 24/7 National Council on Alcoholism and Drug Dependence (NCADD) National Domestic & Sexual Violence Helpline National Human Trafficking	(800) 858-1637 (800) 328-8476 (800) 231-1127 (800) 782-4160 (800) 377-6226 (313) 537-7000 (877) 922-1274 (888) 243-7243 (866) 331-9474 (800) 230-4085 (800) 622-2255	MDHHS Native American Affairs Office Michigan Department of Civil Rights Michigan Indian Employment and Training Services Michigan Indian Legal Services Michigan Indian Tuition Wavier The Grand Traverse Band of Michigan Ottawa & Chippewa Indians U.S. Office of Indian Education VETERANS AFF	(517) 335-7782 (517) 335-3165 (800) 591-8820 (231) 947-0122 (517) 241-7748 (231) 534-7750 (202) 260-3774 AIRS (800) 858-1637
Helpline Area on Aging Autism Society Common Ground Crisis Line Disability Network of MI www.dnmichigan.org/cil- directory Epilepsy Foundation of Michigan Equality Michigan Haven Crisis Line LGBT Hotline Love is Respect Hotline Narcotics Anonymous 24/7 National Council on Alcoholism and Drug Dependence (NCADD) National Domestic & Sexual Violence Helpline National Human Trafficking Resource Center	(800) 858-1637 (800) 328-8476 (800) 231-1127 (800) 782-4160 (800) 377-6226 (313) 537-7000 (877) 922-1274 (888) 243-7243 (866) 331-9474 (800) 230-4085 (800) 622-2255 (800) 799-7233 (888) 373-7888	MDHHS Native American Affairs Office Michigan Department of Civil Rights Michigan Indian Employment and Training Services Michigan Indian Legal Services Michigan Indian Tuition Wavier The Grand Traverse Band of Michigan Ottawa & Chippewa Indians U.S. Office of Indian Education VETERANS AFF Area on Aging Charlevoix County Veterans	(517) 335-7782 (517) 335-3165 (800) 591-8820 (231) 947-0122 (517) 241-7748 (231) 534-7750 (202) 260-3774 AIRS
Helpline Area on Aging Autism Society Common Ground Crisis Line Disability Network of MI www.dnmichigan.org/cil- directory Epilepsy Foundation of Michigan Equality Michigan Haven Crisis Line LGBT Hotline Love is Respect Hotline Narcotics Anonymous 24/7 National Council on Alcoholism and Drug Dependence (NCADD) National Domestic & Sexual Violence Helpline National Human Trafficking	(800) 858-1637 (800) 328-8476 (800) 231-1127 (800) 782-4160 (800) 377-6226 (313) 537-7000 (877) 922-1274 (888) 243-7243 (866) 331-9474 (800) 230-4085 (800) 622-2255	MDHHS Native American Affairs Office Michigan Department of Civil Rights Michigan Indian Employment and Training Services Michigan Indian Legal Services Michigan Indian Tuition Wavier The Grand Traverse Band of Michigan Ottawa & Chippewa Indians U.S. Office of Indian Education VETERANS AFF Area on Aging Charlevoix County Veterans Affairs	(517) 335-7782 (517) 335-3165 (800) 591-8820 (231) 947-0122 (517) 241-7748 (231) 534-7750 (202) 260-3774 AIRS (800) 858-1637 (231) 547-7220
Helpline Area on Aging Autism Society Common Ground Crisis Line Disability Network of MI www.dnmichigan.org/cil- directory Epilepsy Foundation of Michigan Equality Michigan Haven Crisis Line LGBT Hotline Love is Respect Hotline Narcotics Anonymous 24/7 National Council on Alcoholism and Drug Dependence (NCADD) National Domestic & Sexual Violence Helpline National Human Trafficking Resource Center	(800) 858-1637 (800) 328-8476 (800) 231-1127 (800) 782-4160 (800) 377-6226 (313) 537-7000 (877) 922-1274 (888) 243-7243 (866) 331-9474 (800) 230-4085 (800) 622-2255 (800) 799-7233 (888) 373-7888	MDHHS Native American Affairs Office Michigan Department of Civil Rights Michigan Indian Employment and Training Services Michigan Indian Legal Services Michigan Indian Tuition Wavier The Grand Traverse Band of Michigan Ottawa & Chippewa Indians U.S. Office of Indian Education VETERANS AFF Area on Aging Charlevoix County Veterans	(517) 335-7782 (517) 335-3165 (800) 591-8820 (231) 947-0122 (517) 241-7748 (231) 534-7750 (202) 260-3774 AIRS (800) 858-1637

CHAMPVA Meds by Mail Michigan Veterans Affairs Military One Source www.militaryonesource.mil Paralyzed Veterans of America	(888) 385-0235 (800) 642-4838 (800) 342-9647 (800) 424-8200	Veteran Affairs Veterans Administration Veteran's Crisis Line Veterans TOLL Free Number	(844) 698-2311 (800) 827-1000 (800) 273-8255 (800) 698-2411

IS IT AN EMERGENCY?

Clinic Name:	Office Phone:
AFTER HOURS Phone Number:	
Our Preferred Urgent Care:	

Non-Urgent:

You should make an appointment with your <u>Primary Care</u> Physician

- Cold/Flu Symptoms
- Earaches
- Mild Backaches
- Mild Sprains
- Rashes
- Sore Throat/Cough
- Toothaches

TeleHealth

(Virtual Visits) Primary Care via Telehealth

- Allergies
- Bronchitis
- Colds and Flus
- COVID Symptoms
- Earache
- Headache
- Hives
- Insect Bites
- Pink Eve
- Rashes
- Sinusitis

Semi-Urgent:

Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care</u> <u>Physician</u> and/or go to Urgent Care Facility for

- Accidents and Falls
- Moderate Sprains

treatment

- Moderate Backaches
- Mild Breathing Difficulty (i.e. Asthma)
- Minor Cuts with Controlled Bleeding
- Eye
- Irritation/Redness
- Cold/Flu Symptoms WITH fever
- Vomiting/Diarrhea with Dehydration
- Severe Sore Throat or Cough
- Minor Broken Bones or Fractures (fingers/toes)
- Skin Rashes and Infections
- Urinary Tract Infections
- Minor Injuries
- Minor Burns

<u>Urgent:</u>

You should go to your nearest Hospital Emergency Department

- Severe Chest Pain or Difficulty Breathing
- Compound Fracture (bone protrudes through skin)
- Convulsions/Seizures
- Loss of Consciousness
- Fever in Newborn (less than 3 months old)
- Heavy, Uncontrollable Bleeding
- Deep Knife or Gunshot
 Wounds
- Moderate to Severe Burns
- Poisoning
- Serious Head/Neck or Back Injury
- Pregnancy-Related
 Problems
- Severe Abdominal Pain
- Signs of Heart Attack (chest pain lasting longer than 2 minutes)
- Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion)
- Suicidal or Homicidal Thoughts/Feelings
- Vomiting up Blood

If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.